

A LEGACY OF NATURAL HEALING

Rituals & Remedies



bayleaf
live your extraordinary story

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Steeped in the wisdom of the elders, our herbal teas bring you daily natural healing to help you live your extraordinary story.



THE bayleaf STORY

Inspired by her travels across continents, Tamika Phillip launched the brand bayleaf in 2015 while living in Turkey. Tamika was compelled to build a Caribbean brand that honors people, culture and earth. The name bayleaf was inspired by her grandmother and Caribbean elders who have always healed their families with herbs. Today, bayleaf is a herbal tea brand that produces exotic herbal teas for export worldwide.

“We are on a mission to share natural healing with the world.”

Tami Phillip, Founder, bayleaf



THE bayleaf STORY



The first cup of bay leaf tea in a traditional Turkish tea glass.

THE bayleaf STORY



OUR BRANCHES

Three years later, bayleaf returned to the Caribbean and settled in Grenada, where the business evolved into herbal tea production, harnessing the island's natural resources and working with small farmers in different communities.

OUR BRANCHES

Today, bayleaf is a herbal tea brand that produces and exports herbal teas worldwide. Presently, the largest herbal tea exporter on the island, our mission is to share natural healing and inspiration with the world, while transforming Caribbean small farming and economy.

OUR ROOTS

Compelled to build a Caribbean brand that honored people, culture and Earth and inspired by her grandmother who revered bay leaves, Tami Phillip, a native of Trinidad and Tobago, launched the brand bayleaf in 2014 while living in Turkey. The brand launched with natural hand loomed cotton dresses and each dress came with a packet of dried bay leaves for tea. The complimentary herbs that customer received was actually the beginning of how the business would evolve.

A close-up photograph of several green leaves, showing their veins and texture. The leaves are layered, with some in the foreground and others in the background, creating a sense of depth. The lighting is soft, highlighting the natural colors of the foliage.

In the Caribbean, our generation grew up with the rituals and remedies that allowed our elders to live long lives free of disease. At the core of their philosophy was daily healing rituals that helped prevent illnesses – and at the heart of this philosophy was the ritual of herbal teas, lovingly called “bush tea”. There was a leaf for each specific ailment and purpose.

**Our teas embody
countless stories of
healing and inspiration.**

RITUALS AND REMEDIES



“My grandmother knew her herbs, but she revered bay leaves. She would always give us bay leaf tea to calm down and relax and to heal body aches. She once sent me to London with a packet of dried bay leaves for her daughter to help heal her muscle pains. Today we know that bay leaf is a main component in pain relieving pills.”

Tami Phillip

RITUALS & REMEDIES



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“The Soursop tea is amazing, incredibly soothing and the low tannins an added bonus. This has become a part of my night time routine and the perfect recipe for a good night's sleep. My partner had dengue fever and it also proved to be quiet soothing and I felt contributed to his recovery.

Hanna Fitz



“

I am diagnosed with cancer and was recommended to get Soursop tea. I started drinking the tea and after about 6 weeks, I visited my doctor for one of my regular check ups. The doctor told me that my cancer levels had dropped from .18 to .06! I was stunned and I attribute this healing to Soursop tea. I drink this tea 3 times a day and will continue to do so on my journey to recovery. – M.L, New Jersey



“

My dad is now 70yrs old and he grew us up drinking all different types of herbal teas. He'll give us lemon grass, ginger, green tea and cinnamon just to name a few to start our days. We were given these teas to cleanse the body, as energy boosters and to help fight and prevent the flu. I've continued this practice to adulthood and I'll normally have my tea at nights because it makes me calm and helps with my sleep.”

Kellysha S.

bayleaf Foundation Package

Three teas that offer the benefits that create
a foundation for good health



SOURSOP TEA

Made with hand-picked Soursop leaves naturally grown in the Grenadian countryside, our Soursop tea is freshly produced to preserve its unique flavour and benefits.

In the Caribbean, Soursop leaves have long been used to:

- Strengthen the immune system.
- Help maintain blood pressure levels.
- Help relieve liver and stomach ailments.
- Help secure restful sleep.

Scientific studies show that Soursop leaves contain acetogenins that help fight cancer cells. More about Soursop and Healing. According to the National Cancer Institute's drug dictionary, annonaceous acetogenins is a family of polyketides that naturally occur in the plant family Annonaceae. NCI states that the phytochemical isolated from various species of the plant family have potential antineoplastic and antimicrobial activity – meaning that they can bind to and block the activity of an enzyme that's overexpressed in cancer cells' plasma membranes (ubiquinone-linked NADH oxidase). In layman's terms, annonaceous acetogenins can inhibit cancer cell growth and induce tumor cell death.

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Courtesy: www.soursopstore.com

**Subscribe to our E-book on our website for more information on the
healing properties of Soursop.**



BAY LEAF TEA

In the Caribbean, bay leaves have long been used to:

Relieve body and muscle pains.

To relax the central nervous system.

As a calming tea before sleep.

Scientifically, bay leaves are also a main component in pain relieving pharmaceuticals.

Scientific research proved the isolation and identification of phenolic constituents of AME of *P. racemosa* leaves in addition to its activities as antioxidant, analgesic anti-inflammatory, antinociceptive, gastro and hepatoprotective.

This is hopeful for further phytochemical and biological investigations to confirm the possibility of their therapeutic effects, which may be important for the development of new natural drugs.

To receive more rituals and remedies, subscribe to our E-book on our website.



SEA MOSS

Sea Moss has been scientifically proven to contain essential levels of iron, zinc, magnesium, phosphorous, potassium, amino acids, vitamin C, antioxidants and anti-inflammatory properties. These minerals and compounds offer natural healing benefits to the human body which help to:- Increase energy levels - Reduce mucus from lungs to heal coughs and colds- Fight and prevent infections- Maintain healthy joints and bones- Maintain healthy thyroid function which regulates metabolism, digestion and mood.

Sample Name:	Golden Sea Moss	Eurofins Sample:	9482371
Project ID	SEAS_FAR_F-20200430-0001	Receipt Date	01-May-2020
PO Number	043020a	Receipt Condition	Ambient temperature
Lot Number	3	Login Date	30-Apr-2020
Sample Serving Size	1 oz	Date Started	04-May-2020
		Sampled	Sample results apply as received
		Online Order	16517-136D67D1

Analysis	Result
Elements by ICP Emissions Spectrometry (ICP-OES)	
Aluminum *	1.39 mg/Serving Size
Barium *	<0.0352 mg/Serving Size
Boron *	2.12 mg/Serving Size
Beryllium *	<0.0352 mg/Serving Size
Cadmium *	<0.0352 mg/Serving Size
Calcium	166 mg/Serving Size
Chromium *	<0.0706 mg/Serving Size
Cobalt *	<0.0352 mg/Serving Size
Copper	0.0223 mg/Serving Size
Iron	2.33 mg/Serving Size
Magnesium	130 mg/Serving Size
Manganese	0.0778 mg/Serving Size
Molybdenum *	<0.0706 mg/Serving Size
Nickel *	<0.0282 mg/Serving Size
Phosphorus	2.18 mg/Serving Size
Potassium	2280 mg/Serving Size
Sodium	576 mg/Serving Size
Strontium *	1.70 mg/Serving Size
Vanadium *	0.0715 mg/Serving Size
Zinc	0.495 mg/Serving Size

Method References	Testing Location
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Elements by ICP Emissions Spectrometry (ICP-OES) (ICP_5)

Food Integrity Innovation-Madison
 3301 Kinnaman Blvd Madison, WI 53704 USA

Official Methods of Analysis of AOAC INTERNATIONAL, Method 984.27, 985.01, and 2011.14, AOAC INTERNATIONAL, Gaithersburg, MD, USA. (Modified)

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remedies of the elders,
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